

COVID-19 / Coronavirus Resources for Refugees

Coronavirus, and the disease it causes (COVID-19) is a novel virus that spreads very quickly from person to person, meaning that humans have not built any immunity to it, which is what makes it so dangerous. It can be deadly for immune compromised people. Immigrants and refugees need specific multilingual resources to get the word out to their communities on why it's important to follow all the recommendations of the Center for Disease Control to limit the spread of COVID-19.

It is recommended that organizations do **not** proactively reach out or raise the real or potential links between refugees and COVID-19. This is because making the link (even if to dispute it) can inadvertently reinforce the connection in people's minds. This is especially true in a time of increasing fear and xenophobia. We recommend reviewing [this messaging guide](#) and [the Families Belong Together messaging guide](#). Here are some resources for emergency preparedness and response:

Emergency Preparedness and Response

- **CWS Coronavirus folder** on prevention, preparedness, and tips is [available here](#) (*please note this google folder is regularly updated*)
- **CWS Coronavirus graphics and resources** in multiple languages are [available here](#)
- **COVID-19 Educational Materials:** [26+ languages available here](#)
- **Center for Disease Control and Prevention Guidance for Refugees Upon Arrival** [Welcome Booklet for Refugees](#) in multiple languages [available here](#)
- **Centers for Disease Control and Prevention on COVID-19:** [Click here](#) and [click here](#) for CDC information and guidance on COVID-19, including symptoms, prevention and treatment, latest news, situation updates. You can also [click here](#) for general resources from the CDC in multiple languages.
- **World Health Organization:** [Click here](#) for information and guidance from the World Health Organization (WHO) regarding the COVID-19 outbreak, including latest updates, FAQs, travel advice, technical guidance, and media resources.
- **Coronavirus for Immigrants and Refugees from USA Hello (Refugee Center Online):** Information for immigrants and refugees is [available here](#).
- **Coronavirus Resource Kit:** [Click here](#) for a resource kit with information about personal preparation, collective care, mutual aid, and advocacy.
- **Factsheets:** [Click here](#) for COVID-19 factsheets in multiple languages.
- **Geographic Resource Kit:** [Click here](#) for more fact checks, advice for public health, and state-by-state resources.
- **Washington State (King County):** [Public health recommendations](#) available in Amharic, Arabic, Russian, Somali, Spanish.
- **Coronavirus: What You Need to Know (how virus is spread and symptoms)** [available](#) in Spanish, Burmese, and Kinyarwanda.
- **Australian Government Department of Health Coronavirus (COVID-19)** [resources](#) in Farsi.

- **Coronavirus Factsheet:** Available in [Amharic](#), [Chinese \(Simplified\)](#), [Chinese \(Traditional\)](#), [Khmer](#), [Korean](#), [Russian](#), [Somali](#), [Spanish](#), [Thai](#), [Vietnamese](#).
- **Myths and Facts:** [Advice on transmission of Coronavirus for the public](#) from WHO.
- **Help Keep Illness from Spreading:** Prevent the spread of respiratory viruses like cold and flu [information](#) available in English, Arabic, Burmese, Simplified Chinese, French, Kirundi, Nepali, Somali, Spanish, Swahili, and Vietnamese.
- **Switchboard:** A roundup of multilingual resources is [available here](#).
- **UnidosUS Spanish language resources** [available here](#).
- **COVID-19 Guidance for Homeless Shelters:** [Click here](#) for recommendations for homeless shelters, intended to support response planning by homeless service providers, including overnight emergency shelters, day shelters, and meal service providers.
- **COVID-19 Resources in Indigenous Languages:** <https://bit.ly/COVID-19Recursos>
- **Washington COVID-19 Translated Resources** [Directory](#)
- **Equality Labs COVID-19 Community Guides:** The languages include: English, Hindi, Tamil, Telugu, Gujarati, Malayalam, Kannada, Punjabi, Urdu, Nepali, Burmese, Bengali, and Marathi.
- **NILC Immigrant Workers' Rights and COVID-19:** [FAQ](#)
- **Informed Immigrant:** [A Guide to Providing Mental Health Services to Immigrants Impacted by Changes to DACA and the COVID-19 Pandemic](#)
- **Informed Immigrant:** [Resources for Immigrants during the coronavirus crisis](#)

National Council on Aging

- [COVID-19 Resources for Older Adults & Caregivers](#)
- [COVID-19 Resources for Professionals](#)

Working to Stop Racism and Xenophobia

- [5 Ways to Fight Racism and Xenophobia from UNICEF](#)
- [Facing History. An Educators Resources on Coronavirus](#)
- [Asian Americans Advancing Justice \(AAJC\) Coronavirus/COVID-19 Resources to Stand Against Racism \(Also here\)](#)
- [Know Your Rights During COVID-19](#)

Public Health Graphics

- **Social Media Graphics (multiple languages):** Graphics on how to stop the spread of germs are [available here](#) across multiple languages.
- **International Rescue Committee Graphics:** Graphics on COVID-19 and Coronavirus are [available here](#) across multiple languages.
- **Wash Your Hands and Keep Calm and Wash Your Hands** [posters](#) created by the CDC in English, Spanish, French, Arabic, Bengali, Urdu and Chinese.
- **Wash Your Hands** [poster](#) translated into 11 languages with visuals on proper handwashing.

Know Your Rights

- **HIAS Know Your Rights:** [Materials](#) (multiple languages)
- **ILRC:** [Immigration Preparedness Toolkit](#)
- **Immigrant Defense Project:** [Know Your Rights](#) and [Additional Materials](#)

COVID-19 Videos for Refugees

- English: <https://youtu.be/NSbeG1x9BLg>
- Pashto: <https://youtu.be/OKKymmoU3v8>
- Karen: <https://youtu.be/gUqr9iVb76l>
- Burmese: <https://youtu.be/md6xDLo8hts>
- Arabic: <https://youtu.be/xobF3Hv1tlg>
- Swahili: <https://youtu.be/dCIRfAVDkQM>

Immigrants and COVID-19

- [New American Economy: Immigrants Assisting in COVID-19 Response](#)
- The Center for Gender & Refugee Studies (CGRS): Bilingual (English/Spanish) [COVID-19 resource guide](#)

Tracking Coronavirus

- **Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE:** [Click here](#) for an interactive web-based dashboard to track COVID-19 in real time.
- **World Aware [information](#)** with global risk intelligence alerts, travel restrictions, airline restrictions, and other information about COVID-19.

Community Sponsorship

- **Community Sponsor Tool Kit:** [Click here](#) for resources to help volunteers remain active and engaged with refugees, albeit remotely during the Coronavirus pandemic. The toolkit also contains educational resources for community sponsors on refugee-related issues.

Self-Care

- [Thirty Ways to Care for Yourself, Others, and Immigrants during COVID-19](#)
- [RCUSA Webinar: 30 Ways to Care for Yourself, Others, and Immigrants During COVID-19](#)
- [Coping With Stress During the COVID-19 Outbreak in 12 Languages](#)

Census Materials Will Arrive Soon!

- A letter will arrive at your address with a code that will allow you to complete the census at my2020census.gov DON'T THROW AWAY THE CENSUS!